



## Protect Our Care— Call Your Members of Congress

Members of Congress want to hear from the people they represent. They look at the calls they receive when deciding how to vote on certain issues.

That's why it's important that as many people as possible call their Senators and Representatives and ask them to support fair health care.

### How to Call

- Call your Senator or Representative instead of emailing them. A call must be answered by a staffer and is harder to ignore.
- When a staff member answers your call, tell them your name and zip code. They may ask for your address to confirm that you live in the Senator's state or Representative's district.
- If you voted for the Member of Congress you're calling, you can say so.
- For each call, be prepared to state your opinion on a specific issue. For example, "I'm calling to urge Senator Portman not to vote to repeal the Affordable Care Act without a better replacement in place."
- Feel free to ask questions about the Senator or Representative's stance on the issue or how they plan to vote.
- If you already know the Member of Congress supports your opinion, you can thank them and ask them to continue to protect health care.
- If your call isn't answered by a staff member, leave a message with your name, phone number, zip code, and a brief message about your issue, then try calling back another time.

### Who to Call

Everyone has three members of Congress: two Senators who represent the whole state and one Representative for their district.

- Senator Rob Portman: 202-224-3353
- Senator Sherrod Brown: 202-224-2315
- Find your Representative: Visit [www.house.gov](http://www.house.gov) and enter your zip code. If you already know your Representative's name, you can call the US Capitol Switchboard at 202-224-3121 to be connected.



UHCANOhio



@UHCANOhio



UHCANOhio.org



info@uhcanohio.org



614-456-0060



## Phone Script—Call Your Members of Congress

Currently, the most important person for Ohioans to call is Senator Rob Portman, but you should also call your other Members of Congress.

### Sample Script: No Repeal Without Replace

Hello, my name is \_\_\_\_\_. I'm a constituent of Rep./Sen. \_\_\_\_\_ and my zip code is \_\_\_\_\_. I'm calling to ask Rep./Sen. \_\_\_\_\_ to vote against any legislation that would repeal the Affordable Care Act without a better replacement in place. No replacement has been proposed that would provide the same health coverage and protections as the ACA. Repeal without a replacement could cause 30 million Americans to coverage.

[Optional: add your personal story about what the Affordable Care Act means to you.]

### Sample Script: Thanking a Supportive Member of Congress

Hello, my name is \_\_\_\_\_. I'm a constituent of Rep./Sen. \_\_\_\_\_ and my zip code is \_\_\_\_\_. I'm calling to thank Rep./Sen. \_\_\_\_\_ for [speaking out/voting] to protect the Affordable Care Act. Hundreds of thousands of Ohioans rely on the Affordable Care Act to stay healthy, and Rep./Sen. \_\_\_\_\_'s support for fair health care is greatly appreciated. I'm asking Rep./Sen. \_\_\_\_\_ to continue their support for the Affordable Care Act by voting against any legislation that would repeal the Affordable Care Act without a better replacement in place.

[Optional: add your personal story about what the Affordable Care Act means to you.]